

# Pine Technical and Community College Classes

OFFERED IN PARTNERSHIP WITH AANJIBIMAADIZING



Pine Technical &  
Community College

## Parenting Piece by Piece

Parenting Piece-by-Piece is a parenting skills class consisting of 8 ninety-minute education sessions. The overall goal is to reduce or eliminate instances of child maltreatment and promote positive parenting practices.

The course covers:

- Recognizing personal and parenting strengths
- Celebrating life with their children
- Observe and understand their children and their development
- Manage stress in themselves and in their children
- Listen and attend to their children's feelings and ideas
- Model appropriate desired behavior for children and use other positive behavior-management techniques
- Learn problem-solving skills and teach them to their children
- Establish and maintain reasonable limits
- Find, use, and create community resources when needed to benefit their children and the community of children
- Recognize the benefits of building relationships with family, neighborhood, and community groups

**Location:** D1- Aanjibimaadizing Office (Conference Room), 43500 Migizi Drive, Onamia, MN 56359

**Date & Time:** Tuesdays, starting April 6 through May 25, 2021 from 4:00pm to 5:30pm

**Course Requirements:** Apply with Aanjibimaadizing. Complete Training Orientation and COVID-19 Training.

AANJIBIMAADIZING  
CHANGING LIVES

**CLASS SIZES ARE LIMITED. ALL CLASS DATES ARE SUBJECT TO CHANGE TO DUE COVID-19.**

For more information, contact **Karen** at **320-362-4139** (call or text)  
or **karen.pagnac@millelacsband.com** (email)