

OUR TRADITIONS TO KEEP AND OUR WAY TO QUIT COMMERCIAL TOBACCO

ABOUT THE AMERICAN INDIAN QUITLINE

Developed with guidance from the community, the American Indian Quitline from Quit Partner offers completely free and specially designed support to help you, or someone you know, quit commercial tobacco.

HOW WE CAN HELP

Please call the American Indian Quitline at 1-833-9AI-QUIT (1-833-924-7848). If you live in Minnesota, you can get the following free help to quit commercial tobacco:

- A dedicated team of American Indian coaches who understand your culture and respect your traditions.
 - Up to 10 calls with the coaches, allowing you to get to know them.
 - Up to 12 weeks of free lozenges, gum or patches to help you quit the addiction.